

Lindsay's scottishathletics Masters Cross Country Championships

**Tollcross Park
Glasgow
Sunday 5th February 2023**

<u>Race</u>	<u>Start</u>	<u>Dist.</u>
Women (Over 40)	1300	6000m
Men M65 and Over		
Men (Over 40)	1345	8000m
Up to M60		

lindsays

**SCOTTISH
CROSSCOUNTRY
SEASON**



Lindsay's scottishathletics National Masters Cross Country Championships

Tollcross Park, Glasgow, Saturday 5th February 2023

OFFICIALS

Race Referee	Ron Morrison
Assistant Referee	Margaret Ann MacLachlan
Declarations	Dave Campbell Tracy Hendry Dawn Armitt
Announcer	Alex Jackson
Starters/ Starters Assistants	David Hughes Sharon Taylor Janice MacFarlane
Time Keepers / Time Recorders	Dave Cairns Margaret Daly Gary Woods Jackie Stewart
Place Recorders	Isobel Martin Peter Jennings Michael Clelland
Funnel Management	Elsbeth Burton Laurence Baker
Finish Line Control	Dave Hanlon
Video operator	Tracy Hendry
Results Runners	
Results	Alasdair Murray Ian Gebbie
Presentations / Medals	Mike Johnstone Alex Jackson Dawn Armitt
Convenor	Dawn Armitt
First Aid	Amvale Medical
scottishathletics Competitions Team	Caitlin Watt Alasdhair Love

Lindsays scottishathletics National Masters Cross Country Championships
Entry Lists Mastes Women

Bib	First Name	Last Name	Age	Team Name	Bib	First Name	Last Name	Age	Team Name
336	Veronique	Oldham	V55	Aberdeen Amateur Athletic Club	385	Jocelyn	Scott	V65	Fife AC
337	Victoria	Brown	V45	Aberdeen Amateur Athletic Club	386	Margaret	Martin	V65	Fife AC
338	Jacqueline	Glass	V65	Bellahouston Harriers	387	Hilary	Ritchie	V60	Fife AC
339	Deirdre	Parkinson	V60	Bellahouston Harriers	388	Heather	Finlayson	V55	Fife AC
340	Li	Wang	V60	Bellahouston Harriers	389	Karen	Richards	V50	Fife AC
341	Anne	Williamson	V55	Bellahouston Harriers	390	Rhona	Van Rensburg	V50	Fife AC
342	Claire	McCormick	V50	Bellahouston Harriers	391	Janet	Dickson	V45	Fife AC
343	Stephanie	Rudd	V50	Bellahouston Harriers	392	Eleanor	Smith	V45	Fife AC
344	Gillian	Glass	V45	Bellahouston Harriers	393	Lindsey	Robertson	V40	Fife AC
345	Marianne	Wilson	V45	Bellahouston Harriers	394	Michaela	McLean	V40	Fife AC
346	Vicki	Fraser-Hopewell	V40	Bellahouston Harriers	395	Heather	Anderson	V40	Fife AC
347	Karen	Rosling	V40	Bellahouston Harriers	396	Michelle	Johnstone	V40	Fife AC
348	Claire	Fitzsimmons	V40	Bellahouston Harriers	397	Alison	McGill	V40	Fife AC
349	Emma	Rogerson	V40	Bellahouston Harriers	398	Alison	Sutherland	V40	Fife AC
350	Claire	Wharton	V50	Bellahouston Road Runners	399	Susan	McRitchie	V45	Forres Harriers
351	Frances	Ferguson	V55	Calderglen Harriers	400	Shelagh	King	V65	Gala Harriers Athletic Club
352	Erica	Christie	V65	Cambuslang Harriers	401	Carole	Fortune	V60	Gala Harriers Athletic Club
353	Bernadette	Oneil	V55	Cambuslang Harriers	402	Eileen	Maxwell	V55	Gala Harriers Athletic Club
354	Deborah	Comer	V50	Cambuslang Harriers	403	Wendy	Roethenbaugh	V55	Gala Harriers Athletic Club
355	Jennifer	Campbell	V50	Cambuslang Harriers	404	Lindsay	Dun	V55	Gala Harriers Athletic Club
356	Kirsty	O'Brien	V40	Cambuslang Harriers	405	Julia	Johnstone	V50	Gala Harriers Athletic Club
357	Joy	Gudgin	V55	Carnegie Harriers	406	Dawn	Grant	V50	Gala Harriers Athletic Club
358	Sandra	Mitusch	V60	Central Athletic Club	407	Gillian	Lunn	V50	Gala Harriers Athletic Club
359	Claire	Houston	V40	Central Athletic Club	408	Kate	Jenkins	V45	Gala Harriers Athletic Club
360	Janet	Grigor	V55	Corstorphine AAC	409	Pamela	Baillie	V45	Gala Harriers Athletic Club
361	Gillian	Phillips	V50	Cumbernauld Amateur Athletics Club	410	Charlotte	Hendry	V45	Gala Harriers Athletic Club
362	Rhona	Anderson	V55	Dunbar Running Club	411	Joeleen	Murdoch	V40	Gala Harriers Athletic Club
363	Catriona	Reynolds	V55	Dundee Hawkhill Harriers	412	Sara	Green	V40	Gala Harriers Athletic Club
364	Rhonda	Manning	V55	Dundee Hawkhill Harriers	413	Ann	White	V70	Garscube Harriers
365	Carol	Parsons	V45	Dundee Hawkhill Harriers	414	Kathryn	Scott	V60	Garscube Harriers
366	Sandy	McDougall	V40	Dundee Hawkhill Harriers	415	Jan	Boyd	V50	Garscube Harriers
367	Tracy	Morgan	V40	Dundee Hawkhill Harriers	416	Maureen	Campbell	V50	Garscube Harriers
368	Vivien	Thorpe	V45	East Kilbride AC	417	Mary	Senior	V50	Garscube Harriers
369	Kelly	Baillie	V40	East Kilbride AC	418	Morag	Casey	V45	Garscube Harriers
370	Sheila	Gollan	V55	East Sutherland AC	419	Lesley	Bell	V45	Garscube Harriers
371	Sharyn	Ramage	V60	Edinburgh Athletic Club	420	Marian	Kelly	V40	Garscube Harriers
372	Anne	Duncan	V60	Edinburgh Athletic Club	421	Laura	Gray	V40	Garscube Harriers
373	Susan	Ridley	V55	Edinburgh Athletic Club	422	Katie	White	V40	Garscube Harriers
374	Shona	Adam	V55	Edinburgh Athletic Club	423	Gillian	Blee	V40	Garscube Harriers
375	Anne	Peat	V55	Edinburgh Athletic Club	424	Sheila	Lewis	V55	Giffnock North AC
376	Karen	Dobbie	V55	Edinburgh Athletic Club	425	Angela	Carson	V55	Giffnock North AC
377	Julie	Wilson	V55	Edinburgh Athletic Club	426	Hilary	Carswell	V50	Giffnock North AC
378	Janet	Dunbar	V50	Edinburgh Athletic Club	427	Allie	Chong	V50	Giffnock North AC
379	Elaine	Davies	V50	Edinburgh Athletic Club	428	Catriona	Bark	V40	Giffnock North AC
380	Jennifer	MacLean	V45	Edinburgh Athletic Club	429	Jill	Smylie	V40	Giffnock North AC
381	Isobel	Joiner	V40	Edinburgh Athletic Club	430	Charlotte	McKay	V65	Greenock Glenpark Harriers
382	Hazel	MacCormick	V40	Edinburgh Athletic Club	431	Alison	Smart	V60	Greenock Glenpark Harriers
383	Karen	McAllister	V60	Falkirk Victoria Harriers	432	Mary	Robinson	V55	Greenock Glenpark Harriers
384	Fiona	Matheson	V60	Falkirk Victoria Harriers	433	Sharon	DOHERTY	V50	Greenock Glenpark Harriers
					434	Marian	Monk	V50	Greenock Glenpark Harriers



Lindsays scottishathletics National Masters Cross Country Championships
Entry Lists Masters Women

Bib	First Name	Last Name	Age	Team Name	Bib	First Name	Last Name	Age	Team Name
435	Cheryl	McNulty	V45	Hamilton Harriers	486	Anne	Noble	V60	Troon Tortoises AC
436	Sheila	Strain	V70	Hunters Bog Trotters	487	Carina	Gallagher	V55	Troon Tortoises AC
437	Deborah	MacDonald	V60	Hunters Bog Trotters	488	Katrine	Kelly	V45	Troon Tortoises AC
438	Megan	Wright	V45	Hunters Bog Trotters	489	Doreen	Henderson	V75	Unattached
439	Megan	Mowbray	V45	Hunters Bog Trotters	490	Julia	Wylie	V55	Victoria Park City of Glasgow AC
440	Claire	Gordon	V45	Hunters Bog Trotters	491	Elaine	Macleod	V50	West End Road Runners
441	Joanna	Brown	V40	Hunters Bog Trotters	492	Madeleine	Chadwick	V50	West End Road Runners
442	Shona	McIntosh	V40	Hunters Bog Trotters	493	Karen	Patel	V45	West End Road Runners
443	Jennie	Jackson	V60	Irvine RC	494	Rachel	Bruce	V45	West End Road Runners
444	Christine	Myerscough	V60	Kinross Road Runners	495	Sarah	Berman	V45	West End Road Runners
445	Ann	Malcolm	V60	Kinross Road Runners	496	Ray	Musleh	V45	West End Road Runners
446	Caroline	Jones	V40	Kinross Road Runners	497	Lorna	Mahoney	V55	Westerlands Cross Country Club
447	Ada	Stewart	V55	Kirkintilloch Olympians	498	Wiebke	Lammers	V45	Westerlands Cross Country Club
448	Marina	McCallum	V50	Kirkintilloch Olympians	499	Bozena	Gronowska	V40	Westerlands Cross Country Club
449	Linden	Nicholson	V70	Lasswade Athletics Club	500	Rachel	Hunt	V40	Westerlands Cross Country Club
450	Alison	Binns	V55	Lasswade Athletics Club	1085	Amy	Oliphant	V45	Whitemoss Amateur Athletic Club
451	Catherine	Dickson	V50	Lasswade Athletics Club					
452	Rachel	Fagan	V45	Lasswade Athletics Club					
453	Elaine	Boyle	V40	Law & District AAC					
454	Frances	Wood	V60	Linlithgow Athletic Club					
455	Jill	Horsburgh	V60	Linlithgow Athletic Club					
456	Rosemary	Gallagher	V50	Linlithgow Athletic Club					
457	Christine	Mulholland	V50	Linlithgow Athletic Club					
458	Sarah	Little	V40	Linlithgow Athletic Club					
459	Kathryn	Holm	V40	Linlithgow Athletic Club					
460	Avril	Pearson	V50	Livingston Athletic Club					
461	Yvonne	Crilly	V60	Lothian Running Club					
462	Sarah	Simpson	V40	Metro Aberdeen Running Club					
463	Gillian	Carr	V45	Moorfoot Runners					
464	Jane	Barker	V50	Moray Road Runners					
465	Elsbeth	Jenkins	V50	Moray Road Runners					
466	Amanda	Strang	V50	Moray Road Runners					
467	Phyllis	Hands	V65	Motherwell Athletics Club					
468	Fiona	Zeiner	V50	Musselburgh and District AC					
469	Hazel	Dean	V60	Ochil Hill Runners					
470	Angela	Mudge	V50	Ochil Hill Runners					
471	Michelle	Best	V40	Ochil Hill Runners					
472	Susan	Bothwell	V65	Perth Road Runners					
473	Erni	Hamilton	V55	Perth Road Runners					
474	Fabienne	Thompson	V55	Perth Road Runners					
475	Fiona	Manson	V50	Perth Road Runners					
476	Julie	Menzies	V50	PH Racing Club					
477	Morna	Fleming	V65	Pitreavie AAC					
478	Jeanette	Craig	V70	Springburn Harriers					
479	Barbara	Knox	V55	Springburn Harriers					
480	Michelle	Callaghan	V50	Springburn Harriers					
481	Ruth	Fraser-Moodie	V45	Springburn Harriers					
482	Michelle	Sandison	V40	Springburn Harriers					
483	Muriel	Macleod	V45	Stornoway Running & Athletics Club					
484	Pauline	McAdam	V65	Teviotdale Harriers					
485	Ann	Aitken	V50	Teviotdale Harriers					

Lindsays scottishathletics National Masters Cross Country Championships

Entry Lists M65 +

Bib	First Name	Last Name	Age	Team Name
1	John	Beckett	V70	Bellahouston Harriers
2	Peter	Ogden	V70	Cambuslang Harriers
3	Francis	Hurley	V70	Cambuslang Harriers
4	Edward	Stewart	V65	Cambuslang Harriers
5	Roger	Greenaway	V70	Central Athletic Club
6	Charles	Graham-Marr	V65	Central Athletic Club
7	Pete	Cartwright	V80	Clydesdale Harriers
8	Robert	Young	V75	Clydesdale Harriers
9	Peter	Rudzinski	V70	Clydesdale Harriers
10	Guillermo	Hernandez	V75	Dundee Hawkhill Harriers
11	Charles	Haskett	V65	Dundee Hawkhill Harriers
12	Eric	Stevenson	V70	Edinburgh Athletic Club
13	Brian	Howie	V70	Edinburgh Athletic Club
14	Alex	MacEwen	V65	Edinburgh Athletic Club
15	Tony	Martin	V70	Fife AC
16	Gary	Barker	V65	Fife AC
17	Mike	Howell	V65	Forres Harriers
18	Norman	Baillie	V75	Garscube Harriers
19	Alex	Chisholm	V65	Garscube Harriers
20	David	Dickson	V65	Garscube Harriers
21	Frederick	McCain	V70	Haddington Running Club
22	Andrew	McLinden	V70	Hamilton Harriers
23	Ian	Brown	V65	Helensburgh AAC
24	Robert	Shaw	V65	Inverclyde Athletic Club
25	Alex	Sutherland	V75	Inverness Harriers AAC
26	John	Myerscough	V65	Kinross Road Runners
27	James	Rowley	V75	Law & District AAC
28	Graham	Burrows	V70	Linlithgow Athletic Club
29	James	Treasurer	V70	Lochaber Athletic Club
30	Leslie M	Nicol	V85	Metro Aberdeen Running Club
31	Ian	Thom	V65	Metro Aberdeen Running Club
32	George	McPherson	V65	Metro Aberdeen Running Club
33	Mark	Johnson	V65	Metro Aberdeen Running Club
34	Mike	Goddard	V70	Moorfoot Runners
35	Brian	McLinden	V65	Motherwell Athletics Club
36	Robin	Livingstone	V65	Perth Road Runners
37	Alastair	Dunlop	V65	Stornoway Running & Athletics Club
38	Alastair	Walker	V65	Teviotdale Harriers
39	John	Tullie	V65	Teviotdale Harriers
40	Bruce	Walker	V75	Troon Tortoises AC
41	Robert	Porteous	V70	Unattached
42	Andrew	Law	V65	Victoria Park City of Glasgow AC
43	Tom	Ord	V65	Victoria Park City of Glasgow AC
44	Graeme	Orr	V75	Westerlands Cross Country Club
45	Gordon	McCaffrey	V65	Westerlands Cross Country Club

Lindsays scottishathletics National Masters Cross Country Championships

Entry Lists M40 to M60

Bib	First Name	Last Name	Age	Team Name	Bib	First Name	Last Name	Age	Team Name
46	Richard	Holland	V60	Aberdeen Amateur Athletic Club	103	Michael	Diver	V55	Clydesdale Harriers
47	Joseph	Burns	V50	Ayr Seaforth AC	104	Jan-Bert	Van Den Berg	V60	Corstorphine AAC
48	Garry	Henderson	V55	Bellahouston Harriers	105	Michael	Connelly	V60	Corstorphine AAC
49	Iain	Morrison	V55	Bellahouston Harriers	106	Steven	Blair	V55	Corstorphine AAC
50	Graeme	Gemmell	V55	Bellahouston Harriers	107	Stuart	Campbell	V55	Corstorphine AAC
51	Simon	Parkinson	V55	Bellahouston Harriers	108	Iain	Macleod	V50	Corstorphine AAC
52	John	Cunningham	V50	Bellahouston Harriers	109	Ken	Speirs	V50	Corstorphine AAC
53	Gordon	Gallacher	V50	Bellahouston Harriers	110	Alan	Cunningham	V50	Corstorphine AAC
54	Brent	Brodie	V50	Bellahouston Harriers	111	Keith	Hood	V50	Corstorphine AAC
55	Ian	Sim	V40	Bellahouston Harriers	112	Jeremy	Rogers	V45	Corstorphine AAC
56	Paul	Clawson	V40	Bellahouston Harriers	113	Neill	Porterfield	V45	Corstorphine AAC
57	David	Gemmell	V40	Bellahouston Harriers	114	Tom	Ferrington	V45	Corstorphine AAC
335	Iain	Carroll	V40	Bellahouston Harriers	115	Ross	Milne	V45	Corstorphine AAC
58	Gerard	Scullion	V55	Bellahouston Road Runners	116	Alastair	Brockie	V40	Corstorphine AAC
59	Kenny	Leinster	V60	Calderglen Harriers	117	Christopher	O'Brien	V40	Corstorphine AAC
60	Russell	Couper	V55	Calderglen Harriers	118	Jonathan	Carpenter	V40	Corstorphine AAC
61	Gordon	McInally	V55	Calderglen Harriers	119	Bryan	Clark	V40	Corstorphine AAC
62	Stephen	Phimister	V50	Calderglen Harriers	120	Chris	Poxton	V40	Corstorphine AAC
63	Gerard	Connelly	V50	Calderglen Harriers	121	Ross	McEachern	V55	Cumbernauld Amateur Athletics Club
64	Colin	Feechan	V60	Cambuslang Harriers	122	Walter	Henderson	V55	Cumbernauld Amateur Athletics Club
65	Des	Dickson	V60	Cambuslang Harriers	123	Stephen	Allan	V45	Cumbernauld Amateur Athletics Club
66	Colin	Donnelly	V60	Cambuslang Harriers	124	Andrew	Anderson	V55	Dunbar Running Club
67	Stan	MacKenzie	V60	Cambuslang Harriers	125	Gordon	Simpson	V55	Dundee Hawkhill Harriers
68	Chris	Upton	V55	Cambuslang Harriers	126	Gordon	Barrie	V50	Dundee Hawkhill Harriers
69	Daniel	O'Connell	V55	Cambuslang Harriers	127	Billy	Gibson	V45	Dundee Hawkhill Harriers
70	Kevin	Newberry	V55	Cambuslang Harriers	128	Ewan	McIntyre	V50	Dundee University XC Club
71	Iain	Crawford	V50	Cambuslang Harriers	129	Gordon	Colvin	V60	East Kilbride AC
72	Michael	O'Hagan	V50	Cambuslang Harriers	130	Arthur	Mulholland	V55	East Kilbride AC
73	Stephen	Wylie	V50	Cambuslang Harriers	131	Keith	Charters	V55	East Kilbride AC
74	Brian	Douglas	V50	Cambuslang Harriers	132	Grant	Baillie	V40	East Kilbride AC
75	Justin	Carter	V50	Cambuslang Harriers	133	David	Ross	V40	East Kilbride AC
76	Scott	Hunter	V45	Cambuslang Harriers	134	Andrew	Forteach	V40	East Kilbride AC
77	Iain	Nicholl	V45	Cambuslang Harriers	135	Chris	Creegan	V60	Edinburgh Athletic Club
78	Gary	Lyon	V40	Cambuslang Harriers	136	David	Cross	V55	Edinburgh Athletic Club
79	Gordon	Robertson	V40	Cambuslang Harriers	137	Andrew	Latham	V55	Edinburgh Athletic Club
80	John	Hynd	V60	Carnegie Harriers	138	Gavin	Phillip	V55	Edinburgh Athletic Club
81	Kieran	Morgan	V60	Carnegie Harriers	139	Daniel	Rivera	V55	Edinburgh Athletic Club
82	Niall	Patterson	V60	Carnegie Harriers	140	Dave	Clements	V50	Edinburgh Athletic Club
83	Lee	Holland	V55	Carnegie Harriers	141	Lewis	Orr	V50	Edinburgh Athletic Club
84	Neil	McLure	V55	Carnegie Harriers	142	Aaron	Devereaux	V50	Edinburgh Athletic Club
85	Andrew	Macrae	V50	Carnethy Hill Racing Club	143	Paul	McBrien	V50	Edinburgh Athletic Club
86	Mark	Johnston	V50	Carnethy Hill Racing Club	144	Malcolm	Parry	V50	Edinburgh Athletic Club
87	Michael	Reid	V45	Carnethy Hill Racing Club	145	Tim	Hely	V50	Edinburgh Athletic Club
88	Dessie	Flanagan	V45	Carnethy Hill Racing Club	146	Argy	Rizos	V45	Edinburgh Athletic Club
89	James	Britton	V40	Carnethy Hill Racing Club	147	Iain	Craven	V40	Edinburgh Athletic Club
90	Andrew	Fallas	V40	Carnethy Hill Racing Club	148	Stuart	Johnston	V40	Edinburgh Athletic Club
91	Jonny	Muir	V40	Carnethy Hill Racing Club	149	Mark	Thornton-Smith	V40	Edinburgh Athletic Club
92	Hugh	Buchanan	V60	Central Athletic Club	150	Ewan	Cameron	V40	Edinburgh Athletic Club
93	David	Eckersley	V55	Central Athletic Club	151	Iain	Whitaker	V40	Edinburgh Athletic Club
94	Daniel	O'Neill	V55	Central Athletic Club	152	Gordon	Pryde	V40	Edinburgh Athletic Club
95	Colin	Sinclair	V55	Central Athletic Club	153	Grant	Matheson	V60	Falkirk Victoria Harriers
96	Donald	Shaw	V50	Central Athletic Club	154	Michael	McQuaid	V55	Falkirk Victoria Harriers
97	Tony	Disley	V50	Central Athletic Club	155	Martin	Gower	V50	Falkirk Victoria Harriers
98	Jens	Subke	V50	Central Athletic Club	156	Chris	Lewis	V40	Falkirk Victoria Harriers
99	Ewan	Jack	V50	Central Athletic Club	157	Michael	Ross	V40	Falkirk Victoria Harriers
100	Colin	Alexander	V45	Central Athletic Club					
101	Will	Hensman	V40	Central Athletic Club					
102	Gordon	Appelbe	V40	Central Athletic Club					

Lindsays scottishathletics National Masters Cross Country Championships

Entry Lists M40 to M60

Bib	First Name	Last Name	Age	Team Name	Bib	First Name	Last Name	Age	Team Name
158	Bryce	Aitken	V60	Fife AC	205	Robert	Paterson	V50	Inverclyde Athletic Club
159	Sandy	Bell	V55	Fife AC	206	David	Tamburini	V45	Inverclyde Athletic Club
160	John	McIntyre Snr	V50	Fife AC	207	Andrew	Harkins	V40	Inverclyde Athletic Club
161	Stephen	Clark	V50	Fife AC	208	Alan	Callan	V40	Inverclyde Athletic Club
162	Stephen	Dickson	V45	Fife AC	209	Paul	Friend	V40	Inverclyde Athletic Club
163	Paul	Harkins	V45	Fife AC	210	Peter	Tucker	V40	Inverclyde Athletic Club
164	James	Hall	V45	Fife AC	211	Mark	Doherty	V40	Inverclyde Athletic Club
165	Rory	Sandilands	V45	Fife AC	212	Graeme	Hyett	V40	Inverclyde Athletic Club
166	David	Weir	V60	Forres Harriers	213	Stuart	Moffat	V50	Irvine RC
167	Neil	Christie	V50	Gala Harriers Athletic Club	214	Alex	Allardyce	V50	Irvine RC
168	James	Dennison	V50	Gala Harriers Athletic Club	215	Mark	Sands	V40	Irvine RC
169	Jamie	McGowan	V45	Gala Harriers Athletic Club	216	John	Speirs	V45	Kilmarnock Harrier & Athletic Club
170	Tim	Darlow	V45	Gala Harriers Athletic Club	217	Scott	Strachan	V45	Kinross Road Runners
171	Gary	Trewartha	V45	Gala Harriers Athletic Club	218	Matt	Newton	V45	Kinross Road Runners
172	Graeme	Murdoch	V40	Gala Harriers Athletic Club	219	David	Scott	V45	Kinross Road Runners
173	Iain	Stewart	V40	Gala Harriers Athletic Club	220	Scott	Elliott	V60	Kirkintilloch Olympians
174	Darrell	Hastie	V40	Gala Harriers Athletic Club	221	Derrick	Brydon	V50	Lasswade Athletics Club
175	Robert	McLennan	V60	Garscube Harriers	222	Scott	Dickson	V50	Lasswade Athletics Club
176	Athole	Smith	V60	Garscube Harriers	223	Martin	Gore	V40	Lasswade Athletics Club
177	John	Coyle	V50	Garscube Harriers	224	Martin	Kay	V45	Law & District AAC
178	Daniel	Scroop	V45	Garscube Harriers	225	Darran	Muir	V45	Law & District AAC
179	Chris	Collingwood	V45	Garscube Harriers	226	Neil	Halliday	V60	Linlithgow Athletic Club
180	James	MacLeod	V40	Garscube Harriers	227	Paul	Dudchenko	V55	Linlithgow Athletic Club
181	Garry	Mathew	V40	Garscube Harriers	228	Innes	Chalmers	V50	Linlithgow Athletic Club
182	Rob	Crusher	V55	Giffnock North AC	229	Martin	Hawksey	V40	Linlithgow Athletic Club
183	David	Shaw	V50	Giffnock North AC	230	John	Redding	V40	Linlithgow Athletic Club
184	Andrew	Campbell	V45	Giffnock North AC	231	Martin	Maginnis	V40	Linlithgow Athletic Club
185	Jack	Kelly	V55	Glasgow FrontRunners	232	John	Robertson	V55	Lothian Running Club
186	Cameron	Winton	V55	Glasgow FrontRunners	233	Alan	Knowles	V45	Lothian Running Club
187	Daniel	McLaughlin	V60	Greenock Glenpark Harriers	234	Colin	Partridge	V45	Lothian Running Club
188	Campbell	Cromar	V55	Greenock Glenpark Harriers	235	Alastair	Murray	V40	Lothian Running Club
189	Gavin	Morrison	V55	Greenock Glenpark Harriers	236	Robert	Taylor	V60	Metro Aberdeen Running Club
190	Scot	Hill	V55	Greenock Glenpark Harriers	237	Phil	Mann	V60	Metro Aberdeen Running Club
191	Neil	Lafferty	V45	Greenock Glenpark Harriers	238	Richard	Roulson	V60	Metro Aberdeen Running Club
192	Ross	Bickerstaff	V60	Hamilton Harriers	239	Allan	Leslie	V55	Metro Aberdeen Running Club
193	Darren	Cavaroli	V50	Harmeny Athletic Club	240	Dino	Roussias	V50	Metro Aberdeen Running Club
194	Richard	Oâ€™Grady	V40	Helensburgh AAC	241	Paul	Smith	V45	Metro Aberdeen Running Club
195	Ivor	Normand	V55	Hunters Bog Trotters	242	Wayne	Dashper	V45	Metro Aberdeen Running Club
196	Jamie	Thin	V55	Hunters Bog Trotters	243	Jim	Tole	V45	Metro Aberdeen Running Club
197	Neil	Thomas	V55	Hunters Bog Trotters	244	Jeremy	Kibble	V40	Metro Aberdeen Running Club
198	Stevie	Cairns	V55	Hunters Bog Trotters	245	Mark	Wilkins	V40	Metro Aberdeen Running Club
199	James	Jarvis	V50	Hunters Bog Trotters	246	Allan	Christie	V40	Metro Aberdeen Running Club
200	David	Wright	V45	Hunters Bog Trotters	247	Steven James	Morrison	V40	Metro Aberdeen Running Club
201	Dave	Ward	V40	Hunters Bog Trotters	248	Neil	McBain	V40	Metro Aberdeen Running Club
202	David	Fulton	V40	Hunters Bog Trotters	249	RANKIN	LASCELLES	V40	Metro Aberdeen Running Club
203	Stuart	Mounce	V40	Hunters Bog Trotters	250	Alan	Elder	V60	Moorfoot Runners
204	Graeme	Kafka	V40	Hunters Bog Trotters	251	Dean	Carr	V50	Moorfoot Runners
					252	Colin	Williams	V45	Moorfoot Runners
					253	David	Carter-Brown	V40	Moorfoot Runners

Lindsays scottishathletics National Masters Cross Country Championships
Entry Lists M40 to M60

Bib	First Name	Last Name	Age	Team Name	Bib	First Name	Last Name	Age	Team Name
254	John	Urquhart	V55	Moray Road Runners	314	Richard	Simson	V50	Troon Tortoises AC
255	Andy	Alexander	V55	Moray Road Runners	315	Matt	Pearce	V45	Troon Tortoises AC
256	Gareth	Jenkins	V50	Moray Road Runners	316	Alan	Dunlop	V40	Troon Tortoises AC
257	Alasdair	Campbell	V50	Moray Road Runners	317	Sandy	Gardner	V50	Victoria Park City of Glasgow AC
258	Colin	Green	V50	Moray Road Runners	318	Graeme	Laing	V40	Victoria Park City of Glasgow AC
259	Graham	Stephen	V45	Moray Road Runners	319	Trevor	Wayman	V60	West End Road Runners
260	Stephen	Carmichael	V45	Moray Road Runners	320	Alham	Said	V55	West End Road Runners
261	Robert	Pattinson	V55	Motherwell Athletics Club	321	James	Speakman	V50	West End Road Runners
262	David	Gardiner	V50	Motherwell Athletics Club	322	Allen	Campbell	V45	West End Road Runners
263	James	Mayers	V60	Musselburgh and District AC	323	Jonathan	Bell	V45	West End Road Runners
264	Mike	Malcolm-Smith	V55	Musselburgh and District AC	324	Joshua	Hughes	V40	West End Road Runners
265	Charles	Stable	V50	Musselburgh and District AC	325	Paul	Toland	V40	West End Road Runners
266	Paul	Slifer	V50	Musselburgh and District AC	326	Daniel	Reid	V60	Westerlands Cross Country Club
267	Robert	Turner	V50	Musselburgh and District AC	327	John	Quinn	V60	Westerlands Cross Country Club
268	Karl	Zeiner	V45	Musselburgh and District AC	328	David	Stakes	V60	Westerlands Cross Country Club
269	Robert	Henry	V45	Musselburgh and District AC	329	David	Riach	V55	Westerlands Cross Country Club
270	Mark	Keast	V45	Musselburgh and District AC	330	Chris	Furse	V50	Westerlands Cross Country Club
271	Graeme	Nicholson	V45	Musselburgh and District AC	331	Stephen	Forcer	V45	Westerlands Cross Country Club
272	Andrew	Scott	V45	Musselburgh and District AC	332	Scott	Henderson	V45	Westerlands Cross Country Club
273	James	Ashworth	V50	Ochil Hill Runners	333	Andrew	Mott	V40	Westerlands Cross Country Club
274	Bob	Wiseman	V40	Ochil Hill Runners	334	David	Cathie	V50	Whitemoss Amateur Athletic Club
275	Stephen	Feltbower	V40	Ochil Hill Runners					
276	Alan	Bothwell	V60	Perth Road Runners					
277	Mike	Dales	V60	Perth Road Runners					
278	David	Knight	V50	Perth Road Runners					
279	Mark	Crawford	V50	Perth Road Runners					
280	Stewart	Reid	V40	Perth Road Runners					
281	Wright	Beveridge	V50	PH Racing Club					
282	Robert	Sellar	V45	PH Racing Club					
283	Paul	Kieran	V45	PH Racing Club					
284	Andrew	Davis	V45	PH Racing Club					
285	Benjamin	Hukins	V40	PH Racing Club					
286	Mark	Ryan	V40	PH Racing Club					
287	Jeff	Farquhar	V60	Pitreavie AAC					
288	Desmond	Fitzgerald	V50	Pitreavie AAC					
289	William	Jarvie	V60	Portobello Running Club					
290	David	Worrall	V45	Portobello Running Club					
291	Donnie	Inglis	V55	Royal Mail Run GMC					
292	Robert	White	V50	Royal Mail Run GMC					
293	John	Oates	V60	Shettleston Harriers					
294	Andrew	Kirkhope	V60	Shettleston Harriers					
295	Gerard	Mason	V60	Shettleston Harriers					
296	Denis	Williams	V60	Shettleston Harriers					
297	Johnj	Duffy	V55	Shettleston Harriers					
298	William	Breckenridge	V55	Shettleston Harriers					
299	John	Connaghan	V50	Shettleston Harriers					
300	David	Murphy	V50	Shettleston Harriers					
301	Richard	Millar	V45	Shettleston Harriers					
302	Stephen	Winter	V45	Shettleston Harriers					
303	Joseph	Haughey	V45	Shettleston Harriers					
304	Jethro	Lennox	V45	Shettleston Harriers					
305	Paul	Sorrie	V40	Shettleston Harriers					
306	Iain	Burns	V40	Shettleston Harriers					
307	Chris	Grant Pantrey	V40	Shettleston Harriers					
308	Ronald	Strachan	V40	Shettleston Harriers					
309	Brian	Robertson	V40	Shettleston Harriers					
310	Paul	Lockie	V55	Teviotdale Harriers					
311	Alan	Coltman	V55	Teviotdale Harriers					
312	Alan	Inglis	V50	Teviotdale Harriers					
313	Andrew	Gibson	V40	Teviotdale Harriers					

Lindsay's scottishathletics Masters Cross Country Championships

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Lindsays scottishathletics National Masters Cross Country Championships
Course Map

